

Cooking Light®

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The international soup pantry It's difficult to generalize much about the flavors of any given country because regional preferences and cooking styles may vary. However, some ingredients are common throughout and ultimately define the tastes of a nation. Below we list the key ingredients that turn up repeatedly in soups from each country we feature.



France *Mirepoix* (onion, carrot, and celery), leeks, mushrooms, wine, broth or stock, beans, seafood, duck, and several different cuts of pork